



Three Counties XC-League

Sunday 21st December 2008

11am



Letchworth Corner Sports Club
Whitethorn Lane
Letchworth
SG6 2DN

Dear Runners,

Here are the details for the league races hosted by NHRR:

Course:

The one lap course is approx 5 miles in distance, is undulating, can be very muddy in parts, follows public footpaths and bridleways and is suitable for spikes. There is a short stretch of rubble covered path which we pass twice.

NOTE: Please be aware that the start of the course is a 15 min walk from the club house, so make your way to the course in time to avoid disappointment. We will lead the runners to the course at 10:30. There is NO parking close to the start.

How to get there:

From A1(M) Junction 9 follow A6141 into Letchworth until you come to a long roundabout, take the second exit (after the Shell garage) into Howard drive up the hill, the second road on the right is Whitethorn Lane, the entrance to the Corner Club is after approx 300m on the left.

Parking:

The parking at the Corner Club is limited so we would encourage car sharing. There are many residential roads for car parking close by, please park considerately. (try further up Howard Drive then right into Brandles Road for a residential road to park)

Facilities:

The club offers male and female changing rooms as well as lovely hot showers (at least for the first dash of runners) AND a bar upstairs for those post-race-pre-Xmas-drinkies.

Food:

Food and hot drinks (with a Christmas theme!!!) will be provided after the race in the ground floor at the club.

Christmas Theme:

Christmas Santa hats, tinsel or any Christmas decoration which does not cover your race number is encouraged..... there may be a prize for the best Christmas outfit (we are trying to convince Santa to put in an appearance aswell so keep your eyes peeled round the course!)

Any problems, please contact NHRR XC Sec Anne Callis on 01462 670696 or mobile on the day 07763 576009

Looking forward to seeing you all there!!!!

Anne