



**Blisworth Friday 5k
Friday 8th May 2009
Results**

Place	Runner Number	First Name	Last Name	Club	Category	Time	Category Position
1	156	MATHEW	ALMOND	COVENTRY GODIVA	SM	15.19	1
2	148	GORDON	LEE	LEICESTER CORITHANIANS	M40	15.24	1
3	169	SIMON	COTTON	LEICESTER CORITHANIANS	M40	16.03	2
4	157	DAMIAN	CARR	COVENTRY GODIVA	SM	16.07	2
5	152	NATHANIEL	QUIGLEY	LUTON ATHLETICS CLUB	SM	16.19	3
6	171	JOB	KING	COVENTRY GODIVA	SM	16.27	4
7	137	SIMON	COOMBES	LEIGHTON BUZZARD AC	SM	16.31	5
8	54	DANNY	KEATING	CORBY AC	M40	16.41	3
9	134	PAUL	BOND	MMKAC	SM	16.52	6
10	141	CRAIG	MATOCKS	WOOTTON ROAD RUNNERS	SM	17.16	7
11	183	ALEXANDER	BOWDEN	UNATTACHED	SM	17.28	8
12	77	ANDY	PACEY	SILSON JOGGERS	M40	17.3	4
13	85	CHRIS	WOOD	SILSON JOGGERS	SM	17.31	9
14	33	PAUL	TEW	LEIGHTON BUZZARD AC	M45	17.37	1
15	200	CHRIS	GALLAGHER	WOOTTON ROAD RUNNERS	SM	17.45	10
16	28	JEFF	HAYNES	SILSON JOGGERS	M50	18.07	1
17	159	GUY	GLENNON	WOOTTON ROAD RUNNERS	M40	18.17	5
18	166	DAVID	PARKINS	WOOTTON ROAD RUNNERS	M45	18.21	2
19	172	FRANCES	BRISTOE	COVENTRY GODIVA	SF	18.25	1
20	160	SEAN	CURLEY	WOOTTON ROAD RUNNERS	SM	18.38	11
21	122	SAM	TURNELL	UNATTACHED	MU15	18.42	1
22	16	ROSS	GLOVER	RUGBY AND NORTHAMPTON AC	SM	18.45	12
23	96	TONY	BAROSS	WOOTTON ROAD RUNNERS	M45	18.48	3
24	32	DANIEL	TAYLOR	SILSON JOGGERS	SM	18.55	13
25	109	BEN	MALIA	NORTHAMPTON ROAD RUNNERS	SM	18.57	14
26	80	MICHAEL	GROOM	MMKAC	M55	19.01	1
27	69	JON	KEMP	W&DAC	SM	19.04	15
28	104	DAN	DOHERTY	W&DAC	SM	19.06	16
29	176	JUSTIN	OPENSHAW	BEDFORD HARRIERS	M40	19.08	6
30	164	DREW	SHEFFIELD	WOOTTON ROAD RUNNERS	SM	19.12	17
31	174	SIMON	TOOTELL	WOOTTON ROAD RUNNERS	SM	19.13	18
32	178	PAUL	WIKERSON	BEDFORD & COUNTY	M50	19.21	2
33	17	NEIL	GLOVER	RUGBY AND NORTHAMPTON AC	M50	19.22	3
34	92	GRAHAM	HOLLOWELL	WOOTTON ROAD RUNNERS	M40	19.24	7
35	179	NEIL	WILLSHER	RUGBY AND NORTHAMPTON AC	SM	19.26	19
36	20	KEITH	MOREMAN	DAVENTRY ROAD RUNNERS	M60	19.37	1
37	194	DAVID	BATEMAN	UNATTACHED	SM	19.41	20
38	111	SAM	DEAKIN	RUGBY AND NORTHAMPTON AC	MU15	19.43	2
39	57	KATE	JENKINS	HBT	F35	19.44	1
40	185	ANGELA	COPSON	RUGBY AND NORTHAMPTON AC	F60	19.47	1
41	130	RICKY	BUTLER	WOOTTON ROAD RUNNERS	SM	19.56	21
42	180	ADRIAN	BUSBY	WOOTTON ROAD RUNNERS	M40	20.01	8
43	138	MICHAEL	SPENCER	SILSON JOGGERS	M45	20.02	4
44	74	ASHLEY	PHILLIPS	SILSON JOGGERS	MU15	20.03	3
45	56	MARTIN	ROGERS	UNATTACHED	SM	20.04	22
46	208	ADRIAN	WHITE	RUGBY AND NORTHAMPTON AC	M45	20.08	5
47	168	ANDREW	KIRK	SILSON JOGGERS	SM	20.12	23
48	145	STEPHEN	WHITE	NUNEATON HARRIERS	M45	20.13	6
49	151	TONY	BARNES	BEDFORD HARRIERS	M40	20.15	9
50	26	KEVIN	JEARY	WOOTTON ROAD RUNNERS	M45	20.16	7
51	103	ANDY	HOARE	SILSON JOGGERS	M50	20.18	4
52	22	MARK	BARROWCLOUGH	RUGBY AND NORTHAMPTON AC	M45	20.22	8
53	126	GORDON	MATHEWSON	COLLINGWOOD AC	M50	20.23	5
54	217	MICHAEL	CARREA	WOOTTON ROAD RUNNERS	SM	20.26	24
55	165	DAVID	FEARN	RUGBY AND NORTHAMPTON AC	M50	20.29	6
56	214	ANTONY	LOWDE	DAVENTRY ROAD RUNNERS	SM	20.32	25
57	132	ANDREW	HASKETT	WOOTTON ROAD RUNNERS	SM	20.35	26
58	211	STEPHEN	ATKINSON	WOOTTON ROAD RUNNERS	SM	20.36	27
59	196	MARK	KENNEDY	NORTHAMPTON ROAD RUNNERS	SM	20.4	28
60	146	LINDA	DEWHURST	UNATTACHED	F50	20.5	1
61	218	ANDREW	HOPKINSON	UNATTACHED	SM	20.55	29
62	170	HEATHER	COOKE	SILSON JOGGERS	SF	20.55	2
63	189	JOHN	JEFFREYS	WOOTTON ROAD RUNNERS	SM	21.01	30

64	167	CAROLINE	PARKINS	WOOTTON ROAD RUNNERS	F45	21.02	1
65	24	DEAN	LOVE	RUGBY AND NORTHAMPTON AC	MU20	21.1	1
66	213	KIM	LOWDE	DAVENTRY ROAD RUNNERS	M50	21.11	7
67	220	CRAIG	LAMBERT	W&DAC	MU17	21.15	1
68	202	WARREN	MARSH	SILSON JOGGERS	M50	21.18	8
69	60	DIANE	FARMER	MMKAC	F50	21.21	2
70	205	DAVE	BUCKLER	WOOTTON ROAD RUNNERS	M45	21.35	9
71	45	COLIN	HARRIS	W&DAC	SM	21.36	31
72	197	SIMON	PARSONS	WOOTTON ROAD RUNNERS	SM	21.4	32
73	127	ANDREY	STARCEVIC	WOOTTON ROAD RUNNERS	M50	21.42	9
74	191	RICHARD	POPIEL	SILSON JOGGERS	M45	21.43	10
75	187	RICHARD	MACGOWAN	OLNEY RUNNERS	M45	21.44	11
76	70	CHRIS	MULLANEY	DAVENTRY ROAD RUNNERS	M40	21.47	10
77	5	ROBBIE	MACPHERSON	MMKAC	M55	21.48	2
78	143	JIM	MILLER	MMKAC	M60	21.49	2
79	216	NICK	HUGHES	UNATTACHED	M40	21.51	11
80	84	DAVID	KNOWLES	NORTHAMPTON ROAD RUNNERS	M45	21.52	12
81	53	KARREN	MASTERS	UNATTACHED	F40	21.53	1
82	31	ROGER	BIGGS	FAIRLANDS VALLEY SPARTANS	M60	21.54	3
83	181	STEVE	ADAMS	W&DAC	M50	22.07	10
84	207	COLIN	RANDLE	WOOTTON ROAD RUNNERS	SM	22.11	33
85	124	NEVILLE	BATES	NUNEATON HARRIERS	M60	22.13	4
86	121	IAN	ROGERS	WOOTTON ROAD RUNNERS	M45	22.14	13
87	21	JAMES	LAURIE	SILSON JOGGERS	SM	22.18	34
88	129	ZOE	HEMSLEY	WOOTTON ROAD RUNNERS	F35	22.21	2
89	98	ANDREW	BARBER	UK NETRUNNER	M40	22.25	12
90	175	GABBY	DEERE	WOOTTON ROAD RUNNERS	F45	22.27	2
91	108	NORMAN	CARTER	UNATTACHED	M50	22.28	11
92	128	KEVIN	CONNOLLY	MMKAC	M55	22.31	3
93	68	LOUISE	KEMP	W&DAC	SF	22.34	3
94	199	ELEANOR	HARTLEY	UNATTACHED	FU17	22.43	1
95	78	SAM	NASH	WOOTTON ROAD RUNNERS	F40	22.52	2
96	131	MATTHEW	BOYDEN	WOOTTON ROAD RUNNERS	SM	22.58	35
97	76	DAVID	ROBERTS	ABINGDON AMBLERS	M45	23	14
98	201	SARAH	WOOLEY	WOOTTON ROAD RUNNERS	F35	23	3
99	115	TERRI	MASON	WOOTTON ROAD RUNNERS	F35	23.01	4
100	112	ADAM	SHATFORD	UNATTACHED	M40	23.03	13
101	190	DAVID	CANTWELL	BUCKINGHAM & STOWE RUNNING CLUB	M40	23.1	14
102	39	NEIL	MARTIN	RUGBY AND NORTHAMPTON AC	M50	23.11	12
103	186	CATHERINE	WILLIAMS	RUGBY AND NORTHAMPTON AC	F45	23.12	3
104	119	THOM	McKIERNAN	W&DAC	SM	23.14	36
105	154	LINDA	CARTER	RUGBY AND NORTHAMPTON AC	F55	23.16	1
106	2	LUKE	WATKINS	STRATFORD AC	SM	23.22	37
107	209	SARAH	ELLWOOD	W&DAC	SF	23.3	4
108	72	ADAM	LINNELL	SILSON JOGGERS	SM	23.34	38
109	4	LEIGH	EVANS	UNATTACHED	SM	23.38	39
110	125	PAUL	BROOKE	COLLINGWOOD AC	M60	23.41	5
111	11	JOE	HORSLEY	RUGBY AND NORTHAMPTON AC	M55	23.43	4
112	52	PHIL	BRITAIN	W&DAC	SM	23.45	40
113	86	IAN	MOORE	UNATTACHED	M40	23.49	15
114	147	DEBORAH	HINDMARCH	UNATTACHED	F50	23.55	3
115	38	PAUL	JANKOWIAK	UNATTACHED	M55	23.59	5
116	192	WENDY	COX	MMKAC	SF	24.01	5
117	55	MADELEINE	MOUTRIE	SILSON JOGGERS	F45	24.03	4
118	188	GREG	JEFFREYS	BEDFORD HARRIERS	M50	24.07	13
119	142	GAVIN	KENDALL	UNATTACHED	SM	24.1	41
120	193	MELANIE	BIGNELL	SILSON JOGGERS	F45	24.14	5
121	65	LAURA	BURTON	W&DAC	SF	24.17	6
122	177	PHILIP	SUTTON	UNATTACHED	SM	24.17	42
123	30	SANDY	MOFFAT	SILSON JOGGERS	M45	24.21	15
124	195	BILL	GOADSBY	DAVENTRY ROAD RUNNERS	M55	24.25	6
125	136	SUE	CLAYTON-DRABBLE	SILSON JOGGERS	F40	24.29	3
126	182	RICHARD	ADAMS	W&DAC	MU20	24.32	2
127	101	STEVE	ELLIOTT	UNATTACHED	SM	24.32	43
128	1	GRAHAM	WATKINS	STRATFORD AC	M65	24.38	1
129	163	NIGEL	HOLMES	UNATTACHED	M40	24.41	16
130	10	JOHN	LEE	NORTHANTS POLICE	SM	24.54	44
131	215	MIKE	DOWDY	WOOTTON ROAD RUNNERS	M45	24.56	16
132	66	DUNCAN	WHITE	UNATTACHED	M45	25.04	17
133	94	DAVID	CRAIGE	WOOTTON ROAD RUNNERS	M55	25.1	7
134	212	TOM	BRASSINGTON	BEDFORD HARRIERS	M45	25.13	18

135	93	MICHELLE	FRYATT	WOOTTON ROAD RUNNERS	F35	25.15	5
136	161	MARTIN	CLARKE	UNATTACHED	SM	25.18	45
137	41	ANDREW	PRIEST	W&DAC	M40	25.21	17
138	155	TRICIA	GARNER	RUGBY AND NORTHAMPTON AC	F45	25.26	6
139	47	DANIEL	LATHAM	UNATTACHED	M40	25.27	18
140	43	ELLIE	LOCK	UNATTACHED	SF	25.33	7
141	110	JIM	LAWRENCE	MMKAC	M50	25.41	14
142	19	KEN	CRAIGE	CHERWELL RUNNERS AND JOGGERS	M50	25.48	15
143	184	ALLAN	LOCK	SILSON JOGGERS	M65	25.49	2
144	133	MOIRA	HACKETT	UNATTACHED	F35	25.51	6
145	79	ANNA	WOODWARD	WOOTTON ROAD RUNNERS	SF	25.52	8
146	149	ANDREW	NEWBERY	UNATTACHED	M55	25.53	8
147	75	CAROL	LOVE	UNATTACHED	F45	25.53	7
148	123	LEIGH	SPATCHER	UNATTACHED	SM	26.02	46
149	120	DAVID	STORER	MMKAC	M55	26.21	9
150	8	JOHN	SMITH	NEW MARKET HARRIERS	M55	26.43	10
151	206	NED	BUCKLER	UNATTACHED	MU15	27	4
152	221	NEIL	JARRET	UNATTACHED	SM	27.05	47
153	67	GRAHAM	BAYES	W&DAC	M60	27.08	6
154	7	LEE	BLENKINSOP	UNATTACHED	SM	27.11	48
155	203	KELLY	SWANNELL	UNATTACHED	SF	27.17	9
156	62	KARL	BRADWELL	UNATTACHED	MU20	27.26	3
157	219	STEPHEN	HOLBROOKE	UNATTACHED	SM	27.29	49
158	198	VIVIAN	HARTLEY	UNATTACHED	F45	27.33	8
159	140	MICHAEL	FLOWER	NORFOLK POLICE AC	SM	27.36	50
160	46	LIBBY	LATHAM	UNATTACHED	F40	27.41	4
161	173	DAWN	HOLLOWAY	W&DAC	F40	27.43	5
162	113	AMY	SHATFORD	UNATTACHED	FU15	27.52	1
163	210	JO-ANNE	OZMEN	UNATTACHED	F40	27.54	6
164	150	ELIZABETH	NEWBURY	UNATTACHED	SF	27.56	10
165	29	ROSIE	MOFFAT	SILSON JOGGERS	F45	27.58	9
166	18	DANNY	HUDDLESTON	BUSHFIELD JOGGERS	M50	28.04	16
167	51	JASON	BICKNELL	UNATTACHED	SM	28.13	51
168	14	MILFORD	CALLOW	MMKAC	M65	28.17	3
169	102	MICHAEL	MAUNDERS	UNATTACHED	M60	28.19	7
170	116	REBECCA	FLECKNEY	AMPHILL & FLITWICK FLYERS	SM	28.25	52
171	153	ANNE	BARNICOAT	BEDFORD HARRIERS	F60	28.3	2
172	95	AMANDA	ALLEN	W&DAC	F45	28.34	10
173	114	MANDY	DENNIS	WOOTTON ROAD RUNNERS	F50	28.34	4
174	37	MAGDALENA	JANKOWIAK	UNATTACHED	F40	28.44	7
175	105	VICTORIA	BARBER	NONE	F40	29.01	8
176	64	STEVEN	BRADWELL	UNATTACHED	MU15	29.1	5
177	139	HAZEL	TAYLOR	NORFOLK POLICE AC	F35	29.19	7
178	59	PAUL	MILLS	UNATTACHED	M40	29.21	19
179	87	VALERIE	VON ARK	AMPHILL & FLITWICK FLYERS	F50	29.31	5
180	97	KATARINA	DARCY	BEDFORD HARRIERS	SF	29.39	11
181	63	DAREN	MASTERMAN	UNATTACHED	M40	29.42	20
182	162	LESLIE	CLARKE	UNATTACHED	M55	29.47	11
183	25	IAN	STURDGESS	UNATTACHED	M45	30.24	19
184	15	FELICITY	ARIES	UNATTACHED	F45	30.43	11
185	83	PATRICIA	GODFREY	AMPHILL & FLITWICK FLYERS	F55	30.54	2
186	204	ANGIE	MCQUEEN	WOOTTON ROAD RUNNERS	F45	31.01	12
187	144	SUSAN	HEALEY	MK LAKESIDE RUNNERS	F45	31.3	13
188	3	PETER	BISHOP	BEDFORD HARRIERS	SM	32.44	53
189	118	HARRIET	JOMES	UNATTACHED	FU17	33.38	2
190	117	MERVYN	JOMES	UNATTACHED	M55	33.38	12
191	100	CLARE	JONES	W&DAC	SF	35.32	12
192	107	KEITH	BEDFORD	MK LAKESIDE RUNNERS	M45	35.48	20
193	35	MAUREEN	WALKER	MK LAKESIDE RUNNERS	F55	36.04	3
194	34	GRACE	BURSAE	MK LAKESIDE RUNNERS	F60	36.31	3
195	44	JULIE	ROLKE	W&DAC	F45	37.44	14
196	58	JAN	HOWARD	MK LAKESIDE RUNNERS	F40	37.44	9