



Wootton Road Runners



are proud to present the **BLISWORTH FRIDAY 5 SERIES**

5 Mile Road Race on Friday 7th August 2009 @ 7.30pm

**Registration/Parking at Blisworth Football Club,
Courteenhall Road, Blisworth,
Northamptonshire.**

UK Athletics Road Running Permit: Applied for

Please note: The start/finish line is a brisk 10 minutes walk from the race HQ/Parking Area.

Fees:

£7.00 Affiliated £9.00 Unattached

Cheques Payable to: *Wootton Road Runners*

Postal Closing Date: Thursday 30th July 2009
(postal entries received after Friday 31st July will not be processed)

ENTRY ON THE DAY (at Race HQ to 7pm) + £2

On-line entry at www.runnersworld.co.uk
Race Limit – 400
The Course is not suitable for wheelchairs.

The Prizes:

The prizes will be awarded on a pro rata basis dependant on the final number of runners in each age category.

The Age Categories:

SM, M40, M45, M50, M55, M60, M65, MU20

SF, F35, F40, F45, F50, F55, F60, FU20

Team Prizes:

Senior Male, Male Vet - 3 to count
Senior Female, Female Vet - 3 to count

The Course Records:

Male: Gordon Lee 25m:31s
Female: Jane Preen 29m:18s

For more info and a location map visit:

www.woottonroadrunners.co.uk

or contact wrr.races@ntlworld.com

ENTRY DETAILS

Surname:

First Name:

Date of Birth:

Please Tick:

Male Female

Tel. no (inc std):

Address:

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.....

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..... Postcode:

Email address

Club:.....

UKA: Registration No.:.....

For UKA permit 5 mile race events male and female competitors must be 15 years of age or over on the day of the race. A signed entry form will be considered as acceptance of UKA rules and declaration that runners enter and run entirely at their own risk, and that the organisers will not be held responsible for any illness or injury incurred during the race.

Signed:

Date:

No signature, no entry.

SEND ENTRIES WITH A CHEQUE and 1st CLASS SAE TO:

The Race Secretary, Wootton Road Runners, PO Box 785, Northampton, NN4 9TZ.

Please tick if you do not wish your details to be used for marketing purposes

Part of the NORTHANTS ROAD RUNNING LEAGUE 2009

