

Pos	M/F	Cat	No	Name	Time	Cat 1	Age	Club 1	Cat 2	Club 2	1	2	3	4	%
1	1	1	679	Mathew Almond	15 48	MS	24	Rugby & Northampton A							81.
2	2	2	872	Stuart Nelson	16 41	MS	29	Wellingborough & District							77.
3	3	3	765	Craig Mattocks	16 48	MS	32	Wootton Road Runners							77.
4	4	4	682	Vincent Carroll	16 51	MS	36	Rugby & Northampton A							78.
5	5	5	694	Guy Petersen	16 55	MS	37	Rugby & Northampton A							78.
6	6	6	702	Ross Glover	16 59	MS	20	Rugby & Northampton A							76.
7	7	1	799	Brian Summers	17 12	MV40	42	Rugby & Northampton A							80.
8	8	1	774	Terry Egan	17 17	MV45	45	Rugby & Northampton A							82.
9	9	7	791	Stephen Early	17 19	MS	38	Bedford Harriers							77.
10	10	8	687	Matt Fowler	17 47	MS	28	Wootton Road Runners							72.
11	11	2	821	John Pares	17 50	MV40	40	Buckley R.C.							76.
12	12	3	887	Eddie Smith	17 54	MV40	42	Wootton Road Runners							77.
13	13	9	841	Lee Berrill	17 57	MS	28	Wootton Road Runners							71.
14	14	1	667	Connar Ratcliffe	17 59	MU17	15	Rugby & Northampton A							77.
15	1	1	834	Clare Mckittrick	18 05	LS	34	Charnwood A.C.							82.
16	15	10	375	Andrew Wardell	18 06	MS	32	St Albans Striders							71.
17	16	11	66	Mark Armstrong	18 16	MS	27	Silson Joggers							70.
18	17	2	688	Benjamin Arnold	18 22	MU17	16	Unattached							74.
19	18	12	535	Chris Lazenby	18 23	MS	20	Wootton Road Runners							70.
20	19	1	818	Jeff Haynes	18 25	MV50	51	Silson Joggers							80.
21	20	4	751	Malcolm Down	18 29	MV40	44	Unattached							76.
22	21	13	536	David Lazenby	18 31	MS	20	Wootton Road Runners							70.
23	22	14	669	John Saw	18 32	MS	28	Rugby & Northampton A							69.
24	2	2	786	Imogen Thornburgh	18 34	LS	32	Milton Keynes A.C.							79.
25	23	3	752	Bill Jones	18 37	MU17	15	Rugby & Northampton A							74.
26	24	5	735	Chris Broderick	18 45	MV40	41	Hinckley Running Club							73.
27	25	6	856	Rob Miller	18 46	MV40	41	Bedford Harriers							73.
28	26	2	749	Steve Colbourne	18 50	MV50	52	Sphinx A.C.							79.
29	27	7	854	Sean Sinclair	18 51	MV40	40	Northampton Rowing Clu							72.
30	28	8	794	Ian White	18 52	MV40	40	Corby A.C.							72.
31	29	9	783	Justin Openshaw	18 53	MV40	40	Bedford Harriers							72.
32	30	3	684	David Holt	18 58	MV50	50	Bedford Harriers							77.
33	31	2	861	Dave Buckler	19 00	MV45	46	Wootton Road Runners							75.
34	3	3	870	Sarah Haines	19 00	LS	31	Harborough A. C							77.
35	4	4	538	Donna Mcewan	19 05	LS	29	Bedford Harriers							77.
36	32	4	686	Martin Fowler	19 06	MV50	53	Wootton Road Runners							79.
37	33	3	847	David Coates	19 11	MV45	48	Silson Joggers							75.
38	34	10	711	Guy Glennon	19 14	MV40	40	Wootton Road Runners							70.
39	35	1	893	Nathaniel Liburd	19 16	MU20	19	Unattached							68.
40	36	15	859	Paul Matthews	19 17	MS	36	Wootton Road Runners							68.
41	37	11	728	James Darcy	19 20	MV40	40	Silson Joggers							70.
42	38	1	675	Alan Webb	19 21	MV55	56	Midland Vets							80.
43	39	4	740	Steve Gaunt	19 22	MV45	47	Bedford Harriers							74.
44	40	16	664	Matthew Wayland	19 32	MS	32	Unattached							66.
45	41	5	764	Mark Barrowclough	19 33	MV45	46	Rugby & Northampton A							73.
46	5	1	722	Linda Dewhurst	19 41	LV45	47	Milton Keynes A.C.							82.
47	42	4	689	Samuel Arnold	19 43	MU17	16	Unattached							69.
48	6	5	835	Davina Lowe	19 44	LS	25	Corby A.C.							75.

Pos	M/F	Cat	No	Name	Time	Cat 1	Age	Club 1	Cat 2	Club 2	1	2	3	4	%
49	43	6	64	Gary Zoboky	19 44	MV45	45	Team East Haddon							71.
50	44	17	480	Jon Newsum-smith	19 45	MS	26	Unattached							65.
51	45	1	747	Ben Diamond	19 45	MU15	13	Rugby & Northampton A							73.
52	46	12	767	Dave Whatton	19 46	MV40	41	Northampton Rd Runner							69.
53	47	13	778	Tony Barnes	19 46	MV40	42	Bedford Harriers							70.
54	48	18	787	Peter Sanchez	19 52	MS	36	Unattached							66.
55	49	2	584	Keith Moreman	19 53	MV55	57	Daventry Road Runners							78.
56	50	14	849	Michael Finta	19 53	MV40	44	Wootton Road Runners							70.
57	7	1	734	Hannah Jones	19 57	LU17	16	Rugby & Northampton A							76.
58	51	5	701	Neil Glover	19 58	MV50	50	Rugby & Northampton A							73.
59	52	19	666	Mark Ratcliffe	20 00	MS	39	Rugby & Northampton A							67.
60	53	20	921	Christopher Mac Art	20 01	MS	39	Unattached							67.
61	8	1	371	Andrea Ward	20 03	LV40	41	Bedford Harriers							76.
62	54	2	741	John Mcdonnell	20 08	MU15	14	Leighton Buzzard AC							70.
63	55	21	696	Phillip Brand	20 09	MS	37	Unattached							66.
64	56	22	62	Stuart De freyne	20 12	MS	23	Wootton Road Runners							63.
65	57	1	379	David Lantsbery	20 14	MV60	61	Silson Joggers							79.
66	58	15	758	Alan Benjamin	20 16	MV40	44	Unattached							69.
67	59	23	661	Jay Love	20 19	MS	35	Rugby & Northampton A							64.
68	60	24	750	Richard Colbourne	20 20	MS	25	Sphinx A.C.							63.
69	61	16	875	Dave Williams	20 23	MV40	40	Unattached							66.
70	62	25	715	John Wayland	20 23	MS	29	Unattached							63.
71	63	26	656	Simon Tootell	20 25	MS	29	Northampton Rd Runner							63.
72	9	1	681	Anna Litchfield	20 27	LV35	35	Bedford Harriers							73.
73	64	7	390	Nigel Russell	20 28	MV45	46	Unattached							69.
74	65	27	695	Stewart Bailey	20 28	MS	37	Unattached							65.
75	66	8	762	David Fearn	20 32	MV45	48	Rugby & Northampton A							70.
76	67	3	744	Robbie Macpherson	20 35	MV55	55	Milton Keynes A.C.							74.
77	68	6	672	David Hickey	20 38	MV50	52	Northampton Rd Runner							72.
78	69	28	739	James Tarlton	20 41	MS	37	Unattached							64.
79	70	4	828	Kevin Connolly	20 41	MV55	55	Unattached							74.
80	71	9	819	Peter Haytack	20 42	MV45	45	Unattached							68.
81	72	7	710	Tony Keech	20 42	MV50	50	Human Energy							71.
82	10	1	753	Molly Jones	20 48	LU20	18	Rugby & Northampton A							71.
83	73	17	823	David Herincx	20 51	MV40	42	Bedford Harriers							66.
84	11	2	796	Deb Ovington	20 52	LV40	43	Unattached							75.
85	74	18	795	Neil Ovington	20 52	MV40	43	Unattached							66.
86	12	6	373	Denise Coghill	20 55	LS	24	Bedford Harriers							70.
87	75	19	842	Darren Seiger	20 57	MV40	40	Unattached							65.
88	13	2	680	Linda Lytollis	21 00	LV35	36	Silson Joggers							71.
89	76	20	733	George Jones	21 03	MV40	40	Rugby & Northampton A							64.
90	14	1	663	Lotti Love	21 07	LU15	14	Rugby & Northampton A							74.
91	77	8	743	Steve Wood	21 09	MV50	50	Milton Keynes A.C.							69.
92	15	3	368	Karen Masters	21 10	LV35	38	Unattached							71.
93	78	29	839	Dan Taylor	21 14	MS	26	Silson Joggers							60.
94	79	30	865	Chris Wright	21 17	MS	37	Peel Runners							62.
95	80	21	788	Mark Holmes	21 18	MV40	43	Northampton Rowing Clu							65.
96	81	31	377	Peter Curtis	21 18	MS	33	Wootton Road Runners							61.

Pos	M/F	Cat	No	Name	Time	Cat 1	Age	Club 1	Cat 2	Club 2	1	2	3	4	%
97	16	7	369	Stacey Penn	21	23	LS	26	Wootton Road Runners						69.
98	82	32	754	Mark Fowler	21	23	MS	27	Wootton Road Runners						60.
99	83	9	892	Bobby Holding	21	23	MV50	53	Wootton Road Runners						70.
100	84	22	60	Ian Painter	21	27	MV40	40	Unattached						63.
101	85	2	112	Robert Husbands	21	34	MU20	17	Unattached						62.
102	86	10	707	Lawrie Stenhouse	21	34	MV45	46	Unattached						66.
103	87	33	387	Gary Phillips	21	36	MS	39	Unattached						62.
104	88	11	785	Norman Carter	21	37	MV45	48	Silson Joggers						67.
105	89	34	650	James Laurie	21	38	MS	35	Silson Joggers						60.
106	90	10	929	Fred Marriott	21	41	MV50	50	Unattached						68.
107	91	23	793	Ronnie Ambrose	21	42	MV40	40	Northampton Rd Runner						62.
108	17	2	651	Diane Farmer	21	44	LV45	47	Milton Keynes A.C.						75.
109	92	12	708	Sandy Moffat	21	45	MV45	46	Silson Joggers						65.
110	93	35	775	Alastair Mitchell	21	50	MS	28	Unattached						59.
111	18	3	757	Caroline Hubbard	21	53	LV40	41	Wootton Road Runners						70.
112	19	8	891	Katies Jackson	21	56	LS	26	Unattached						67.
113	94	36	737	Chris Sentence	21	58	MS	39	Northampton Rowing Clu						61.
114	95	37	748	Andrew Furlong	21	59	MS	25	Unattached						58.
115	96	11	817	Chris Herman	22	04	MV50	53	Milton Keynes A.C.						68.
116	20	2	816	Katie Herman	22	07	LU20	18	Milton Keynes A.C.						67.
117	21	3	777	Nora Haggart	22	08	LV45	49	Bedford Harriers						75.
118	97	38	725	Jim Mcdonnell	22	08	MS	38	Olney Runners						60.
119	98	39	820	Colin Randle	22	09	MS	36	Unattached						59.
120	99	40	927	Adrian Coe	22	12	MS	38	Unattached						60.
121	100	12	746	John Furlong	22	15	MV50	54	Amphill And Flitwick Flye						68.
122	101	24	655	James Simon	22	20	MV40	42	Unattached						62.
123	102	25	853	Steve Willis	22	20	MV40	44	Rugby & Northampton A						62.
124	103	13	745	Neil Martin	22	21	MV45	48	Rugby & Northampton A						64.
125	104	26	867	Graham Bye	22	26	MV40	40	Wootton Road Runners						60.
126	22	1	673	Lita Hickey	22	28	LV50	51	Northampton Rd Runner						76.
127	105	3	925	Andrew Hopkinson	22	33	MU20	18	Unattached						59.
128	106	2	690	James Taylor	22	36	MV60	61	Leighton Fun Runners						71.
129	107	14	800	Andrew Pate	22	36	MV45	47	Silson Joggers						63.
130	108	1	727	William Billington	22	41	MV65	68	Bedford Harriers						76.
131	109	41	685	Barry Cronin	22	42	MS	31	Unattached						57.
132	110	3	790	Graham Smith	22	44	MV60	60	Silson Joggers						70.
133	23	9	884	Laura Norman	22	53	LS		Wootton Road Runners						.(
134	111	27	705	Ian Townsend	22	56	MV40	40	Unattached						59.
135	112	15	864	Brian Keers	22	58	MV45	45	Silson Joggers						61.
136	113	42	840	Evan Overbay	23	00	MS	24	Unattached						56.
137	114	28	781	Gregor Hannah	23	07	MV40	40	Milton Keynes A.C.						59.
138	115	43	886	Nick England	23	10	MS	28	Unattached						55.
139	116	29	720	Michael John william	23	14	MV40	44	Unattached						60.
140	24	4	706	Claire Todd	23	20	LV40	44	Silson Joggers						67.
141	25	10	792	Chantelle Swart	23	21	LS	31	Yaxley Runners						63.
142	117	30	649	Nigel Farmer	23	23	MV40	43	Milton Keynes A.C.						59.
143	118	44	876	Stuart Branch	23	28	MS	35	Silson Joggers						56.
144	119	13	885	Stevve Wood	23	30	MV50		Unattached						.(

Pos	M/F	Cat	No	Name	Time	Cat 1	Age	Club 1	Cat 2	Club 2	1	2	3	4	%
145	120	45	648	Martin Rous	23 32	MS	39	Unattached							57.
146	121	46	822	Gavin Robertshaw	23 32	MS	31	Unattached							55.
147	122	47	825	Robert Bloye	23 38	MS	30	Unattached							54.
148	123	16	928	Mike Dowdy	23 39	MV45	45	Wootton Road Runners							59.
149	26	11	889	Kim Duff	23 42	LS	29	Wootton Road Runners							62.
150	27	2	756	Margaret Dewinter	23 48	LV50	53	Dunstable Road Runners							73.
151	124	14	657	Mike Kendall	23 51	MV50	50	Wootton Road Runners							61.
152	125	31	829	Paul Brooks	23 53	MV40	42	Luton A.C.							58.
153	126	17	698	Mark Everett	23 56	MV45	45	Abbey National							59.
154	28	5	683	Viner Kilgour	23 57	LV40	44	Bedford Harriers							66.
155	29	12	693	Naomi Smith	23 59	LS	27	Milton Keynes A.C.							61.
156	127	32	137	Duncan White	24 01	MV40	44	Unattached							58.
157	128	18	723	Andy Harrison	24 02	MV45	49	Milton Keynes A.C.							60.
158	129	48	830	Peter Willis	24 05	MS	24	Unattached							53.
159	130	49	713	Gary Wood	24 13	MS	30	Unattached							53.
160	30	13	662	Jo Love	24 25	LS	33	Rugby & Northampton A							60.
161	31	3	832	Angela Kerr	24 34	LV50	50	Leighton Fun Runners							68.
162	32	6	852	Lesley Willis	24 35	LV40	44	Rugby & Northampton A							64.
163	33	14	843	Emma Buswell	24 39	LS	30	Wootton Road Runners							60.
164	34	4	139	Karen Daly	24 43	LV35	38	Wootton Road Runners							61.
165	131	50	771	Thomas Redshaw	24 56	MS	27	Unattached							51.
166	35	5	862	Kerry Ann Wilson	24 57	LV35	38	Milton Keynes A.C.							60.
167	36	7	782	Sue Clayton-drabble	24 58	LV40	41	Silson Joggers							61.
168	132	3	732	Curtis Shatford	24 58	MU15	14	Unattached							56.
169	133	33	731	Adam Shatford	25 00	MV40	41	Unattached							55.
170	37	8	863	Sarah Warden	25 10	LV40	43	Wootton Road Runners							62.
171	38	15	922	Caroline Gray	25 10	LS	27	Wootton Road Runners							58.
172	39	16	857	Nicola Clarke	25 17	LS	30	Unattached							58.
173	134	51	890	Adam Haylock	25 23	MS	25	Unattached							50.
174	135	34	70	Nigel Anstee	25 23	MV40	41	Bedford Harriers							54.
175	40	17	477	Wendy Fowle	25 25	LS	34	Wootton Road Runners							58.
176	136	52	878	Graeme Jones	25 29	MS	35	Unattached							51.
177	137	4	850	Matthew Smith	25 31	MU15	13	Unattached							56.
178	138	53	858	Andrew Morris	25 36	MS	32	Unattached							50.
179	139	2	831	Larry Corkrey	25 43	MV65	68	Bedford Harriers							67.
180	41	18	388	Michelle Fryatt	25 48	LS	34	Wootton Road Runners							57.
181	42	4	674	Shirley Williams	25 49	LV50	52	Silson Joggers							67.
182	43	9	760	Leisa Griggs	25 59	LV40	41	Wootton Road Runners							59.
183	140	5	848	Nicholas Finta	26 01	MU15	13	Unattached							55.
184	44	6	370	Anna Plowman	26 03	LV35	35	Wootton Road Runners							57.
185	45	4	761	Val Dunse	26 03	LV45	47	Wootton Road Runners							62.
186	46	19	138	Hannah Watson	26 05	LS	32	Wootton Road Runners							56.
187	141	35	789	David Ewing	26 18	MV40	42	Unattached							52.
188	47	20	714	Gemma Wood	26 32	LS	28	Unattached							55.
189	142	5	712	Michael Wood	26 32	MV55	55	Wootton Road Runners							57.
190	48	21	374	Jane Lee	26 48	LS	32	St Albans Striders							55.
191	49	10	709	Rosie Moffat	26 55	LV40	44	Silson Joggers							58.
192	143	54	869	Tony Mc Murray	27 03	MS	37	Unattached							49.

Pos	M/F	Cat	No	Name	Time	Cat 1	Age	Club 1	Cat 2	Club 2	1	2	3	4	%
193	50	7	880	Sarah Berwick	27 06	LV35	38	Wootton Road Runners							55.
194	144	36	724	Michael Ivers	27 17	MV40	43	Unattached							51.
195	51	11	871	Lyn Keable	27 19	LV40	41	Wootton Road Runners							56.
196	145	19	113	John Fowler	27 28	MV45	49	Silson Joggers							53.
197	146	20	393	Stephen Hammond	27 40	MV45	46	Unattached							51.
198	52	8	881	Teresa Edgley	27 41	LV35	38	Wootton Road Runners							54.
199	147	21	678	Phil Jones	27 50	MV45	49	Unattached							52.
200	148	4	930	John Pratt	27 51	MV60	64	Unattached							59.
201	53	22	65	Beverley Place	27 53	LS	31	Silson Joggers							53.
202	149	15	378	James Cameron	28 08	MV50	54	Wootton Road Runners							54.
203	150	16	824	Gary Cambers	28 14	MV50	54	Hinckley Running Club							53.
204	54	23	888	Zoe Bell	28 31	LS	32	Wootton Road Runners							52.
205	55	9	780	Janine Hannah	28 48	LV35	36	Unattached							52.
206	56	24	931	Caroline Hamlett	29 10	LS	27	Wootton Road Runners							50.
207	57	25	703	Rachael Pensee	29 16	LS	33	Olney Runners							50.
208	58	10	736	Judith Richardson	29 19	LV35	37	Unattached							51.
209	59	5	652	Val Oviatt	29 23	LV50	51	Wootton Road Runners							58.
210	60	6	653	Christine Miller	29 40	LV50	50	Wootton Road Runners							57.
211	61	5	766	Carole Whatton	30 11	LV45	45	Northampton Rd Runner							52.
212	62	26	844	A Smith	30 13	LS	26	Unattached							48.
213	151	5	61	Tony Southgate	30 14	MV60	60	Unattached							53.
214	63	27	772	Caroline Mcguire	30 14	LS	28	Unattached							48.
215	152	55	759	Robert Jackson	30 16	MS	34	Unattached							43.
216	64	28	926	Dionne Smedley	30 30	LS	30	Leighton Fun Runners							48.
217	65	2	874	Rachael Aitchinson	30 30	LU15	13	Unattached							52.
218	153	37	873	John Aitchinson	30 39	MV40	43	Unattached							45.
219	66	29	67	Debbie Pink	30 49	LS	30	Unattached							48.
220	154	22	68	Kevin Potts	30 49	MV45	45	Unattached							46.
221	67	12	797	Elaine Donnelly	31 19	LV40	41	Unattached							49.
222	68	11	798	Caroline Hughes	31 19	LV35	36	Unattached							47.
223	69	13	389	Monica Russell	31 43	LV40	40	Unattached							48.
224	70	30	676	Sarah Hetherington	31 51	LS	25	Unattached							46.
225	155	23	896	Keith Edmundson	31 57	MV45		Unattached							.0
226	71	12	879	Kate Jones	32 04	LV35	35	Unattached							46.
227	72	31	770	Kathryn Frisby	32 12	LS	28	Unattached							45.
228	73	32	924	Liz Newbery	32 35	LS	21	Unattached							45.
229	156	17	923	Andy Newbery	32 35	MV50	53	Unattached							46.
230	74	6	755	Sue Clarkson	32 39	LV45	49	Northampton Rd Runner							51.
231	75	33	677	Hayley Brindley	33 18	LS	31	Unattached							44.
232	157	56	837	Graham Richards	34 05	MS	35	Unattached							38.
233	158	38	63	Paul Hudson	35 59	MV40	41	Bedford Harriers							38.
234	159	57	894	Michael Maynard	37 42	MS	30	Unattached							34.
235	76	34	895	Chantel Silcott	37 44	LS	23	Unattached							39.
236	77	35	915	Cynthia Morgan	38 06	LS	26	Unattached							38.
237	78	3	919	Chareene Lothian	38 06	LU15	13	Unattached							41.
238	79	36	914	Vanessa Morgan	38 06	LS	22	Unattached							38.

Men's Team

Based on Combined Time

Pos	No	Name	Category	Time
<hr/>				
1	RUGBYNORTH	Rugby & Northampton AC	Total Points	16
	Number in Team	4	Total Time	1 6 33
	Pos	No	Name	Category
				Time
	1	679	Mathew Almond	MS
	4	682	Vincent Carroll	MS
	5	694	Guy Petersen	MS
	6	702	Ross Glover	MS
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2	WOOTTON	Wootton Road Runners	Total Points	44
	Number in Team	4	Total Time	1 10 55
	Pos	No	Name	Category
				Time
	3	765	Craig Mattocks	MS
	10	687	Matt Fowler	MS
	13	841	Lee Berrill	MS
	18	535	Chris Lazenby	MS
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3	RUGBYNORTH	Rugby & Northampton AC	Total Points	104
	Number in Team	4	Total Time	1 14 53
	Pos	No	Name	Category
				Time
	14	667	Connar Ratcliffe	MU17
	22	669	John Saw	MS
	23	752	Bill Jones	MU17
	45	747	Ben Diamond	MU15
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4	WOOTTON	Wootton Road Runners	Total Points	194
	Number in Team	4	Total Time	1 19 18
	Pos	No	Name	Category
				Time
	21	536	David Lazenby	MS
	36	859	Paul Matthews	MS
	56	62	Stuart De freyne	MS
	81	377	Peter Curtis	MS
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5	SILSON	Silson Joggers	Total Points	301
	Number in Team	4	Total Time	1 24 36
	Pos	No	Name	Category
				Time
	16	66	Mark Armstrong	MS
	78	839	Dan Taylor	MS
	89	650	James Laurie	MS
	118	876	Stuart Branch	MS

Men's Team

Based on Combined Time

Pos	No	Name	Category	Time
1 RUGBYNORTH Rugby & Northampton AC				
Number in Team 4			Total Points	107
			Total Time	1 13 60
Pos	No	Name	Category	Time
7	799	Brian Summers	MV40	0 17 12
8	774	Terry Egan	MV45	0 17 17
41	764	Mark Barrowclough	MV45	0 19 33
51	701	Neil Glover	MV50	0 19 58
<hr/>				
2 WOOTTON Wootton Road Runners				
Number in Team 4			Total Points	109
			Total Time	1 15 14
Pos	No	Name	Category	Time
12	887	Eddie Smith	MV40	0 17 54
31	861	Dave Buckler	MV45	0 19 00
32	686	Martin Fowler	MV50	0 19 06
34	711	Guy Glennon	MV40	0 19 14
<hr/>				
3 BEDFORDHAR Bedford Harriers				
Number in Team 4			Total Points	123
			Total Time	1 15 59
Pos	No	Name	Category	Time
25	856	Rob Miller	MV40	0 18 46
29	783	Justin Openshaw	MV40	0 18 53
30	684	David Holt	MV50	0 18 58
39	740	Steve Gaunt	MV45	0 19 22
<hr/>				
4 SILSON Silson Joggers				
Number in Team 4			Total Points	146
			Total Time	1 17 10
Pos	No	Name	Category	Time
19	818	Jeff Haynes	MV50	0 18 25
33	847	David Coates	MV45	0 19 11
37	728	James Darcy	MV40	0 19 20
57	379	David Lantsbery	MV60	0 20 14
<hr/>				
5 RUGBYNORTH Rugby & Northampton AC				
Number in Team 4			Total Points	347
			Total Time	1 26 16
Pos	No	Name	Category	Time
66	762	David Fearn	MV45	0 20 32
76	733	George Jones	MV40	0 21 03
102	853	Steve Willis	MV40	0 22 20
103	745	Neil Martin	MV45	0 22 21
<hr/>				
6 MILTONKEYN Milton Keynes A.C.				
Number in Team 4			Total Points	354
			Total Time	1 26 55
Pos	No	Name	Category	Time
67	744	Robbie Macpherson	MV55	0 20 35
77	743	Steve Wood	MV50	0 21 09
96	817	Chris Herman	MV50	0 22 04
114	781	Gregor Hannah	MV40	0 23 07
<hr/>				
7 WOOTTON Wootton Road Runners				
Number in Team 4			Total Points	360
			Total Time	1 27 21
Pos	No	Name	Category	Time
50	849	Michael Finta	MV40	0 19 53
83	892	Bobby Holding	MV50	0 21 23
104	867	Graham Bye	MV40	0 22 26
123	928	Mike Dowdy	MV45	0 23 39

Men's Team

Based on Combined Time

8	BEDFORDHAR	Bedford Harriers			Total Points	363
	Number in Team	4			Total Time	1 28 41
	Pos	No	Name	Category	Time	
	47	778	Tony Barnes	MV40	0 19 46	
	73	823	David Herincx	MV40	0 20 51	
	108	727	William Billington	MV65	0 22 41	
	135	70	Nigel Anstee	MV40	0 25 23	
9	SILSON	Silson Joggers			Total Points	397
	Number in Team	4			Total Time	1 28 42
	Pos	No	Name	Category	Time	
	88	785	Norman Carter	MV45	0 21 37	
	92	708	Sandy Moffat	MV45	0 21 45	
	107	800	Andrew Pate	MV45	0 22 36	
	110	790	Graham Smith	MV60	0 22 44	

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Ladies Teams

Based on Combined Time

1	RUGBYNORTH	Rugby & Northampton AC			Total Points	31
	Number in Team	3			Total Time	1 1 52
	Pos	No	Name	Category	Time	
	7	734	Hannah Jones	LU17	0 19 57	
	10	753	Molly Jones	LU20	0 20 48	
	14	663	Lotti Love	LU15	0 21 07	
2	MILTONKEYN	Milton Keynes A.C.			Total Points	51
	Number in Team	3			Total Time	1 4 40
	Pos	No	Name	Category	Time	
	2	786	Imogen Thornburgh	LS	0 18 34	
	20	816	Katie Herman	LU20	0 22 07	
	29	693	Naomi Smith	LS	0 23 59	
3	WOOTTON	Wootton Road Runners			Total Points	65
	Number in Team	3			Total Time	1 7 58
	Pos	No	Name	Category	Time	
	16	369	Stacey Penn	LS	0 21 23	
	23	884	Laura Norman	LS	0 22 53	
	26	889	Kim Duff	LS	0 23 42	
4	WOOTTON	Wootton Road Runners			Total Points	111
	Number in Team	3			Total Time	1 15 14
	Pos	No	Name	Category	Time	
	33	843	Emma Buswell	LS	0 24 39	
	38	922	Caroline Gray	LS	0 25 10	
	40	477	Wendy Fowle	LS	0 25 25	
5	WOOTTON	Wootton Road Runners			Total Points	141
	Number in Team	3			Total Time	1 20 24
	Pos	No	Name	Category	Time	
	41	388	Michelle Fryatt	LS	0 25 48	
	46	138	Hannah Watson	LS	0 26 05	
	54	888	Zoe Bell	LS	0 28 31	

Ladies Teams

Based on Combined Time

1	BEDFORDHAR	Bedford Harriers			Total Points	38
	Number in Team	3			Total Time	1 2 38
	Pos	No	Name	Category	Time	
	8	371	Andrea Ward	LV40	0 20 03	
	9	681	Anna Litchfield	LV35	0 20 27	
	21	777	Nora Haggart	LV45	0 22 08	
2	MILTONKEYN	Milton Keynes A.C.			Total Points	57
	Number in Team	3			Total Time	1 6 22
	Pos	No	Name	Category	Time	
	5	722	Linda Dewhurst	LV45	0 19 41	
	17	651	Diane Farmer	LV45	0 21 44	
	35	862	Kerry Ann Wilson	LV35	0 24 57	
3	SILSON	Silson Joggers			Total Points	73
	Number in Team	3			Total Time	1 9 18
	Pos	No	Name	Category	Time	
	13	680	Linda Lytollis	LV35	0 21 00	
	24	706	Claire Todd	LV40	0 23 20	
	36	782	Sue Clayton-drabble	LV40	0 24 58	
4	WOOTTON	Wootton Road Runners			Total Points	89
	Number in Team	3			Total Time	1 11 46
	Pos	No	Name	Category	Time	
	18	757	Caroline Hubbard	LV40	0 21 53	
	34	139	Karen Daly	LV35	0 24 43	
	37	863	Sarah Warden	LV40	0 25 10	
5	WOOTTON	Wootton Road Runners			Total Points	132
	Number in Team	3			Total Time	1 18 5
	Pos	No	Name	Category	Time	
	43	760	Leisa Griggs	LV40	0 25 59	
	44	370	Anna Plowman	LV35	0 26 03	
	45	761	Val Dunse	LV45	0 26 03	
6	WOOTTON	Wootton Road Runners			Total Points	153
	Number in Team	3			Total Time	1 22 6
	Pos	No	Name	Category	Time	
	50	880	Sarah Berwick	LV35	0 27 06	
	51	871	Lyn Keable	LV40	0 27 19	
	52	881	Teresa Edgley	LV35	0 27 41	
7	NORTHAMPTO	Northampton Rd Runners			Total Points	157
	Number in Team	3			Total Time	1 25 18
	Pos	No	Name	Category	Time	
	22	673	Lita Hickey	LV50	0 22 28	
	61	766	Carole Whatton	LV45	0 30 11	
	74	755	Sue Clarkson	LV45	0 32 39	