



# Wootton Road Runners



## are proud to present the **2010 BLISWORTH FRIDAY 5 SERIES** 5 Mile Road Race on Friday 6<sup>th</sup> August 2010, starting @ 7.30pm

**Registration/Parking at Blisworth Football Club,  
Courteenhall Road, Blisworth,  
Northamptonshire, NN7 3DD**

After 7pm parking is in Blisworth Primary School

UK Athletics Road Running Permit: 100528

**Please note: The start/finish line is a brisk 10 minutes walk from the race HQ/Parking Area.**

**Fee:**

**5 mile - £8.00 Affiliated £10.00 Unattached**

Cheques Payable to: *Wootton Road Runners*

Postal Closing Date:

**5 mile – Saturday 31<sup>st</sup> July 2010**

**ENTRY ON THE DAY (at Race HQ to 7pm)**

Race Limit: 5k – 300 / 5 mile – 400

The course is not suitable for wheelchairs

**The Prizes:**

The prizes will be awarded on a pro rata basis dependent on the final number of runners in each age category.

**The Age Categories:**

5 mile - SM, M40, M45, M50, M55, M60, M65, MU20.

5 mile - SF, F35, F40, F45, F50, F55, F60, FU20

Team Prizes: Senior Male, Male Vet - 3 to count

Senior Female, Female Vet - 3 to count

**The Course Records:**

5 mile – Gordon Lee 25m:31s

5 mile – Jane Preen 29m:18s

**For more info and a location map visit:**

**[www.woottonroadrunners.co.uk](http://www.woottonroadrunners.co.uk)**

**or contact [WRRaces@aol.com](mailto:WRRaces@aol.com)**

**ENTRY FORM**

(no need to cut out)

Surname: .....

First Name: .....

Date of Birth: .....

Age on Race Day: .....

Please Tick:

Male  Female

5 mile

Tel. no (inc std): .....

Address:

.....  
.....  
.....

..... Postcode: .....

Email address .....

Club:.....

UKA: Registration No.:.....

For UKA permit 5 mile race events male and female competitors must be 15 years of age or over on the day of the race. A signed entry form will be considered as acceptance of UKA rules and declaration that runners enter and run entirely at their own risk, and that the organisers will not be held responsible for any illness or injury incurred during the race.

Signed: .....

Date: .....

No signature, no entry.

**SEND ENTRIES WITH A CHEQUE and 1<sup>st</sup> CLASS LARGE (at least A5) SAE TO: The Race Secretary, Wootton Road Runners, PO Box 785, Northampton, NN4 9TZ.**

